

## ADDICTIONS RESOURCES

1. **AADAC Youth Services- (403) 297-4664.** Offer a wide range of substance abuse treatment services for adolescents (aged 12-17), and their families including: counseling, support groups, information sessions, and treatment programs.
2. [www.kansas.net/~cbaslock/olc\\_d1.html](http://www.kansas.net/~cbaslock/olc_d1.html) Scroll down to recovery/alcohol and drug addiction to find a comprehensive list of sites.
3. [http://cyber-psych.medicalsource.com/seeq/int\\_results.jsp?portal\\_id=251&domail=cyber-psych.com&keyword=addiction](http://cyber-psych.medicalsource.com/seeq/int_results.jsp?portal_id=251&domail=cyber-psych.com&keyword=addiction) A good assortment of links for various addictions.
4. <http://www.ccsa.ca/ccsa> **The Canadian Centre on Substance Abuse-** Canada's national addictions agency
5. <http://www.addictioncentre.ca/> **(403) 944-2025** Treatment, education, and research facility, located at the **Foothills Medical Centre**. Physician referral required for assessment/treatment services.
6. **Smoker's HelpLine 1-866-332-2322** (toll free service for Albertans).
7. [http://www.hc-sc.gc.ca/hl-vs/tobac-tabac/index\\_e.html](http://www.hc-sc.gc.ca/hl-vs/tobac-tabac/index_e.html) **Health Canada** website-information and smoking cessation resources.
8. <http://www.naspl.org/resource.html> Links to problem gambling resources.
9. [http://corp.aadac.com/gambling/the\\_basics\\_about\\_gambling/index.asp](http://corp.aadac.com/gambling/the_basics_about_gambling/index.asp)  
Information about problem gambling
10. **Eating Disorder Program (403) 943-7700** Located in the Alberta Children's Hospital. Call for information regarding services in the Calgary Region.
11. **Sheila O'Byrne, Ph.D., Chartered Psychologist (403) 244-2020** email counseling and sessions for bulimia, anorexia, and all eating problems.
12. **Dr. Michael Haggstrom, Counselor and Psychotherapist (403) 220-1101**  
Addictions counseling.