

# The Children's Link Society

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Website: [www.childrenslink.ca](http://www.childrenslink.ca)

## Attention Deficit Hyperactivity Disorder - ADHD

### Recreational Programs:

- ◆ **Recreation Options for Children with Special Needs.** We have enclosed a listing of recreational options for children with special needs. Also enclosed is a listing of a number of options for day and residential **summer camps**.
- ◆ **Between Friends Club** – (403) 269-9133, # 304 501 18<sup>th</sup> Avenue SW, Calgary, Alberta, T2S 0C7. Provides year round recreational and social programs for children, youth and young adults with disabilities.
- ◆ **Boys and Girls Club Calgary-** (403) 543-9672. The Boys and Girls Club offer diverse activities that meet the interests of children, youth and families. Programs engage members in activities with adults, peers and family members that enable them to develop self-esteem and to reach their full potential.
- ◆ **Scouting About-** (403) 283-4993 –This is a brand new program offered by Scouts Canada. They offer structured play using games, crafts, and outdoor activities consistent with Scout's Canada values. Please call Jessica at the above number for more information.

### Education, Schools and related information.

- ◆ **The Calgary Board of Education (CBE) – Parkdale Centre** – (403) 777-7240. Parkdale Centre is the School, Student and Services Centre that parents may call when placing their child with the CBE. (Website: [www.cbe.ab.ca/](http://www.cbe.ab.ca/))
- ◆ **The Calgary Catholic Board of Education** –Guidelines for the registration of students with special needs is enclosed. If you need further information please contact Heather Rose, Supervisor, and Instructional Support Team at 298-1481. (Website: [www.cssd.ab.ca/](http://www.cssd.ab.ca/))
- **Alberta Learning.** Alberta Learning can be reached by dialling 310-0000 then dialling 422-6326. This is a toll free number. *The Learning Team* is an information handbook for Parents of Children with Special Needs. It provides helpful information for parents on policies, procedures, individualized program plans, transition planning, collaboration and resolving differences. You can find a free PDF version of this resource at: [www.learning.gov.ab.ca/educationguide/spec-ed/partners/](http://www.learning.gov.ab.ca/educationguide/spec-ed/partners/) or you can purchase a copy for \$5.70 + GST from Alberta Learning.
- ◆ **Alberta Charter Schools** – [www.charterschools.ca](http://www.charterschools.ca). Please see the enclosed information taken from the Internet.

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### **Private Schools in Calgary that accept children with Special Needs:**

The private schools listed below accept children with special needs into their programs but please note that the criteria and enrolment procedures are different for every school. Admittance changes from year to year as do the number of students accepted into each program. Please call for information on the individual school.

- **Banbury Crossroads School – (403) 270-7787 (Ages 3 – 18) (LD, AD(H)D)**
- **Bears paw Christian School – (403) 295-2566 (ECS – Grade 12) (Special Education Program)**
- **Calgary Academy – (403) 686-6444 (Grades 1 – 12) (LD, AD(H)D)**
- **Calgary Christian School – (403) 242-2896 (ECS – Grade 12) (LD, AD(H)D)**
- **Calgary Montessori School – (403) 252-3281 (Preschool to Grade 6)**
- **Calgary Quest School – (403) 253-0003 (Ages 2 ½ - 18) (Special Education Private School)**
- **Foothills Academy – (403) 270-9400 (Grades 3 – 12) (LD, AD(H)D)**
- **Froebel's Garden of Children – (403) 280-4355 (ECS, Grades 1 & 2)**
- **Heritage Christian Academy – (403) 219-3201 (ECS – Grade 12) (Special Education Program)**
- **Janus Academy – (403) 241-6968 (Specializing in Children with Autism)**
- **Joshua Christian School – (403) 250-2519 (ECS – Grade 12) (LD, AD(H)D)**
- **Renfrew Educational Services – (403) 291-5038 (Preschool – Grade 6) (Special Education Program)**
- **Rundle Academy – (403) 250-2965 (Grades 4 – 12) (LD, AD(H)D)**
- **The Third Academy – (403)288-5335 (Grades 1 – 11)(LD, AD(H)D)**

*\*\*\* Please note that there are other private schools listed in the yellow pages of the phone book. They do not necessarily accept children with special needs, but depending on the child's disability, they may be an option that we have not listed above.*

### **General Resources:**

- ◆ **FSCD – Family Support for Children with Disabilities - (403) 297-6022.**  
(Formerly known as CSN - Services to Children with Special Needs, as well as RCD – Resources for Children with Disabilities). FSCD assists families with extraordinary costs of raising a child with special needs. Extraordinary costs such as respite care and transportation to extraordinary medical appointments or therapy are covered by FSCD who fit the criteria. Please call the above number to speak with an intake worker and see the enclosed guidelines for eligibility and tips for negotiating a contract.

The FCSD program provides information, referral and advocacy supports as well as specific family support services to families with children with disabilities who meet **The Children's Link Society neither endorses nor recommends any programs, services, supports, therapies, treatments, etc. but provides impartial and, to the best of our knowledge, factual information for families of children with special needs and service providers in the Calgary Rocky View Region.**

program, eligibility criteria based on their unique needs and circumstances. Family Support Services are intended to support families with the extraordinary demands of caring for a child with a disability. Websites: <http://www.calgaryandareacfsa.gov.ab.ca> [http://www.calgaryandareacfsa.gov.ab.ca/CRV.nsf/\(Search\)/Family+Support+for+Children+with+Disabilities-Overview](http://www.calgaryandareacfsa.gov.ab.ca/CRV.nsf/(Search)/Family+Support+for+Children+with+Disabilities-Overview)

#### Family Support Services:

- ◆ Individual and family counseling
- ◆ Clothing and footwear
- ◆ An array of medical appointment supports
- ◆ Out of province medical appointment supports
- ◆ Respite Services

Child Focused Services build on the foundation of support created through the provision on family Support Services to support children with disabilities and assist their families.

Eligibility for Child Focused Services, under the FSCD Act, requires that the child have a confirmed medical diagnosis and relevant assessment information.

Where information provided by the family and other relevant assessment information indicates that the disability significantly limits the child's ability to function in normal daily living, the director may provide one or more of the following Child Focused Services, in addition to family Support Services:

#### Child Focused Services:

- ◆ Respite Services
- ◆ Child care supports
- ◆ Aide supports
- ◆ Health-related supports
- ◆ Specialized supports for children with severe disabilities (a more in-depth assessment is required)
- ◆ Out-of home living arrangements

Here is a possible schedule of working with FSCD.

1. Make the first phone call, giving your name, number and a brief description of your child's diagnosis as well as how it may effect your family.
2. They should return your phone call within 48 hours.
3. The next phone call will be to get additional and more detailed information. It may take up to 3 weeks for this phone to happen.
4. The next time they call you will be to make an appointment to come to your home to discuss your family dynamics.
5. They will then determine eligibility and if you are eligible, they will then talk about what you may want in the contract as well as what they may allow.
6. If all is successful, it will take a couple of weeks before your completed contract is sent out to you for you to sign.

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7. If you are denied and you would like to appeal, you may contact us for additional assistance.

- ◆ **Respite List** - Enclosed is a list put together by The Children's Link Society that includes agencies and private care providers for relief and respite services. Many of the agencies bill RCD directly. Please take the time to look over the various options, as some would be more suitable than others, for your family. Also see our web site at [www.childrenslink.ca](http://www.childrenslink.ca) for up-to-date caregiver options.
- ◆ **The Alberta Child Health Benefit – 1-877-469-5437.** The Alberta Child Health Benefit is a health benefit plan for children in low-income families. The program offers coverage of dental, optical, emergency ambulance and prescription drug services. Please see the enclosed brochure for program details and eligibility.
- ◆ **Supported Child Care Program – Child Care Services – (403) 297-6100 – Marg Cutler.** Calgary Rocky View Child and Family Services Supported Child Care Program assists licensed and approved childcare programs in the provision of developmentally appropriate childcare services to children with special needs. Please see the enclosed information on the program or contact Marg Cutler at the above number.
- ◆ **Peter Lougheed Developmental Clinic (403-943-4555) and The Alberta Children's Hospital Developmental Clinic (403-943-7211).** The Alberta Children's Hospital also runs an ADHD Clinic – Please see below. To access a developmental clinic, a referral must be made by a physician. Please contact one of the above developmental clinics for more information or contact your paediatrician or general practitioner.
- ◆ **Alberta Children's Hospital AD(H)D Specialty Clinic – (403) 943-7051.** Assessment, consultation and intervention services for children with complex and/or treatment resistant AD/HD. Please see the enclosed brochure for more information or call the above number.
- ◆ **Pediatricians List** – For an up to date listing of pediatricians in Calgary, go to <http://www.calgaryhealthregion.ca:82/hsd/>. On the left margin “Search for Physician Services”; click on “By Specialties and Quadrant”; use the drop-down box to select “Pediatrics” (or Pediatrics – sub-specialty as appropriate); select quadrant of the city; click on box for only physicians accepting new patients; perform search. This is a very helpful site in that you can specify the area of the city close to you.
- ◆ **In-Home Supports for Parents and Children.** Often families raising children with special needs require in-home support for their family. As parents of children with special needs and having “been there”, we have enclosed a list of agencies that provide support in a number of capacities to families dealing with the day-to-day challenges of raising a child with special needs. Please see the enclosed list of agencies that may be helpful for your family.

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- **The Disability Tax Credit Information** – This is a non-refundable tax credit that you can use to reduce the amount of income tax you have to pay. Please call 1-800-267-1267 or view the website [www.ccra.gc.ca/alternate](http://www.ccra.gc.ca/alternate).
- ◆ **The Children's Link Society's Family Link Program – (403) 230-9158.** The Children's Link Society offers the Family Link Program a new and exciting program, which works at bringing families together to share their expertise, joys and frustrations and the special understanding of having a son or daughter with a disability. Monthly socials are held for this parent-to-parent connection. Childcare is available for the monthly socials but please call ahead of time so that childcare arrangements can be made. (website: [www.childrenslink.ca](http://www.childrenslink.ca) e-mail: [child@nucleus.com](mailto:child@nucleus.com))
- ◆ **Social Skills programs.** We have included a listing of agencies that run social skills programs. Please contact them directly for more information.
- ◆ **Psychological and Assessment Services in the Calgary Rocky view area.** We have enclosed the listing of professionals who do private assessments, please contact them directly for more information.
- ◆ **The Calgary Learning Centre – (403) 686-9300.** The Learning Centre is a resource centre, which provides a number of services such as Learning and literacy services including assessment and treatment for ages 6 & up. Professional training workshops. Learning Links Resource Centre. Website: [www.calgarylearningcentre.com](http://www.calgarylearningcentre.com) Email: [info@calgarylearningcentre.com](mailto:info@calgarylearningcentre.com)
- ◆ **The Learning Disabilities Association of Alberta – (403) 283-6606.** This is an information and support group publishing a monthly newsletter with updates on new information in this area. (e-mail: [info@ldaa.net](mailto:info@ldaa.net))
- ◆ **C.A.L.M.E.D – Children and Learning, Mastering Educational Difficulties – (403) 275-3815.** Brenda Labrecque has created a Calgary based website for parents with children who are ADD, ADHD, etc. including experiencing academic difficulties in a regular school environment due to ADD, ADHD, behavioural difficulties, and learning disabilities. (website: [www.calmed-ab.com](http://www.calmed-ab.com) email: [b-labrecque@telusplanet.net](mailto:b-labrecque@telusplanet.net))
- ◆ **CH.A.D.D. - Children and Adults with Attention Deficit Disorder – 225-1650 Support Line - 225-8512.** CH.A.D.D. is a support and information group that holds monthly meetings. They also have a resource manual, which is very helpful. website: [www.chaddcanada.org](http://www.chaddcanada.org) e-mail: [chaddcalgary@yahoo.com](mailto:chaddcalgary@yahoo.com)
- ◆ **Dr. Teeya Scholten – (403) 230 - 2959.** Dr. Scholten holds monthly information evenings and provides a number of services for children and adults with AD(H)D.
- ◆ **Blakemore & Acton – (403) 245-3211.** Psychologists with experience in AD(H)D, LD, anger, anxiety, depression, self-esteem and parent-child conflict. Services are for children and adults. They also run a stress and anxiety clinic.

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- ◆ **Rickett's and Associates – (403) 289-9385.** Rickett's and Associates offers a full range of psychological services for children, adolescents and families
- ◆ **Peter W. Choate – (403) 262-7365.** Dr. Choate provides counselling and psychological services for children and adults with special needs specializing in the area of AD(H)D.
- ◆ **Lisa Bauche – (403) 270-8944, ext 2 – 1120 Ranchlands Blvd., NW.** Lisa is a private psychologist available for assessments and behavioural therapy.
- ◆ **Rocky Point Academy – (403) 685-0067.** A Davis Dyslexia Correction Provider. Free screening process. [www.rockypointacademy.com](http://www.rockypointacademy.com)
- ◆ **Carrick Inc. – ADD Coaching – (403) 802-0270.** A Coach works with an individual with ADD on planning and setting goals, time managements and developing strategies to maintain focus.
- ◆ **Safety in Motion – (403) 932-3912.** Behavior based driver education program – will also provide families with assessment.
- ◆ **Uniquely ADHD Website – [www.uniquely-adhd.com](http://www.uniquely-adhd.com)** A Canadian website founded and moderated here in Calgary. The website offers an in depth source of information on resources, treatment strategies, newsletters and support group/discussion forums.

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