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# **Mentoring Services: Database Search**

## **The Children's Link Society**

### **September 2008**

#### **Deaf and Hard of Hearing Services (Calgary Region) Society**

Equipment sales and rental, sign language courses, interpreters, support groups, advocacy. Family support worker, youth access to community resources. Mentor program for deaf and hard of hearing children and youth. Summer camps available.

Phone: 284-6200

#### **Impact Society**

The IMPACT Society is involved with children and teenagers who face challenges which many of us are not familiar with, and may not realize are so prevalent in our communities. IMPACT provides emotional and social support within school and community, in order that children and teenagers may realize some one cares and wants to understand help.

Phone: 280-1856

#### **Metis Calgary Family Services**

Provides a variety of services to the Metis Community Aboriginal Students Program, Native Network, Recreational Activities, One to One/Group Mentor Work, Cross Cultural and Cultural Awareness, Youth Specific Issues, Anger Management, Living Skills, Career and Educational Development, Traditional Activities, Community Resource Access.

Phone: 240-4642

#### **New Life Centres**

A community-based organization focused on fostering caring relationships and providing compassionate outreach to children, youth and families.

Phone: 295-9457

#### **Alberta Mental Health Board**

Alberta Mental Health Board's mission is to provide strategic, fiscally responsible leadership in advancing mental health with its partners in: - advocacy and support; - research; - service and policy framework development; and - evaluation. They deal with a wide range of disorders, including: - Social Anxiety Disorder - Depression - Panic Disorder - Eating Disorder - Obsessive Compulsive Disorder Basically anything that has to do with Mental Health issues.

Phone: 297-3678

#### **Alberta Mentor Foundation for Youth (AMFY)**

School-based mentoring program for youth. Have partnerships with about 40 schools in Calgary, Airdrie & Cochrane. Need to be referred by the school.

Phone: 270-3637

#### **Boys & Girls Clubs of Calgary**

Residential programs, community clubs, out of school care, parent talk, workshops for parents and kids, sports, summer camps, as well as volunteer programs that offer support, and much more. \*\*\*Side Door & Avenue 15 - 938, 15 Avenue SE, Calgary, Alberta, T2R 0S3 Phone: (403) 543 - 9651.

Phone: 276-9981

#### **Youth For Christ / Calgary**

Employment training program for disadvantaged and troubled youth between the ages of 14 - 18yrs. Program: Project Serve: Teaching people to serve in order to bring about spiritual awareness. Mission trips either locally or overseas The program Campus Life's To share the message of Jesus Christ and His love, with students in junior and senior high schools by building relationships through activities, sports, trips, one-on-ones and other youth directed activities. The program: Streetlight: Is mobile drop-in center in Calgary's downtown core is unique since it is a custom built fifth-wheel trailer featuring a safe and friendly environment for street kids. To share God's love with street kids through friendships that support protect and enhance their lives. Program: Work Unlimited: A challenging employment program for disadvantaged youth, designed to help develop their awareness of spiritual, social and mental aspects of life enabling them to become productive members of the community. We desire to

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participate in the body of Christ in responsible evangelism of youth presenting them with the person and teachings of Christ and disciplining them into the church. Program: Youth Guidance: To provide alternatives of hope for troubled youth and their families through caring relationships and developmental opportunities for their whole person, mental, physical and spiritual. Youth Guidance matches "youth at risk" with mature Christian volunteers in a one-on-one mentorship program.

Phone: 291-3179

### **West Central Community Resource Centre**

Closer to Home Community Services delivers a variety of programs designed to meet the needs of vulnerable children and their families. Closer to Home professionals have developed programs that address a broad spectrum of issues relating to Child Welfare, Adult Services, and Early Intervention. A strong emphasis is placed on delivering a full continuum of consumer driven, community based programs. Helps children and families access immediate services when they need them. Services include: general, employment, family support, new Canadians, youth programs and aboriginal services. No referral required, call or drop in to the Centre. Nobody's Perfect Parenting Program Common Sense Parenting Program Sheriff King An outreach worker is available at the Centre for those women who have or are experiencing domestic violence in their lives. Please call the Centre to set up an appointment with the outreach worker. Jr. High Homework Club- The Jr. High Homework club will provide volunteer tutors to meet with students at the centre. Saturday Morning Movie- ONGOING PROGRAMS & SERVICES: Toy Lending - Parent and Tot Craft - Mother Goose is a program for parents/caregivers and young children aged birth to 6 yrs. The program utilizes the power of songs, rhymes and stories to create fun, positive interaction between parents and their children and equips parents with new skills for home activities. Home Alone Safety - Babysitting Safety Course- Aboriginal Craft Parent Talk, where you can meet parents in a casual environment to gain insight and ideas on parenting. Best Beginning is for women who are pregnant and would like information and assistance with their pregnancy. Clothing Exchange Computers - we have computers with Internet access that you can use to write resumes, find employment or look for housing. Call for more information. Food

Phone: 543-0555

### **University of Calgary - Resources**

The University of Calgary offer's MANY programs/resources for all people and ages. To name a few: The fitness, rehabilitation & sport, \*(+18 only)\* Developing Capable People, (parenting classes) The center for the gifted education, (www. Their Community Service Center,(www.ucalgary.ca/csc/) Prime (people at risk for psychosis) Community Inclusion Support Team (counselling, assessments, outreach support, workshops, practica)and Children's programs for both the parents and children. Please see website for more detailed information on the programs the University of Calgary or call main line

Phone: 220-5110

### **Skill Factory, The**

The Skill Factory is a special education program for children b/w the ages of 16 and 18. They offer high school credits in Math, English, Life Skills and Work Experience. Students are taught in small classes (5-7) given an individualized program of instruction. Designated private Special Needs School with clearly defined emotional problems. For children who would work better in a small setting. Tuition is covered New registrations will close Sept 30 2005.

Phone: 247-9109

### **Scouts Canada - Calgary Regional Office**

Scouts Canada offers many programs for both boys and girls of all ages. Beavers and Cubs, Souts, Ventures and Rovers, and Souts About Program, a Community Program.

Phone: 283-4993

### **Street Teams Safe House Society- Program of the Boys and Girls**

Street Teams / Safe House - A Program of Boys and Girls Clubs of Calgary develops and provides public education, outreach, residential and treatment programs to youth who are at-risk or are victimized by sexual exploitation or street life. Safe House is an alternative, transitional youth shelter that offers a safe youth-centered environment. At Safe House, youth ages 15-18 with Youth Enhancement Status learn the necessary skills to transition from adolescence to adulthood. The first of its kind in Alberta, Grimmon House is a residential treatment program for adolescent girls who are struggling with addiction issues and are involved in or at-risk of becoming involved in sexual exploitation through prostitution. There is also an Aboriginal aspect of the program which addresses specific needs while providing opportunities and resource for cultural and spiritual connections. Outreach workers provide support in problem solving and developing coping strategies with a focus on safety and crisis intervention. Respond to at-risk Aboriginal youth by addressing the specific needs around their unique culture and traditions and by providing access to appropriate resources.

Phone: 276-9981

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**Ability On Line:** Phone 1 866 650 6207 Ability On Line is a free internet community where young people with disabilities and illnesses and their parents can meet others like them, make friends from all over the world, Share their hopes and fears, find role models and mentors and most of all, feel like they belong.

**Aboriginal Resource Centre:** Phone (403) 204-0083 The Aboriginal Resource Centre in Calgary is a gathering place that provides a positive and supportive environment for Aboriginal children and families to access a wide range of programs and services that will enhance their capacity to maintain a healthy lifestyle, and to remain a strong cohesive family unit. The resource centre offers many different services such as youth programs, single father's groups, counseling to name a few.

**The Airdrie Boys & Girls Club:** 403 948 3331, [www.bgcairdrie.com](http://www.bgcairdrie.com). is a not-for-profit organization dedicated to providing social, recreational and educational programs for children and youth ages 6 to 21 years old.

**Alberta Mentor for Youth:** 403 247 3637 AMFY assists young people to develop their potential. In-school mentoring focuses on empowering youth in decision making. [www.amfy.org](http://www.amfy.org)

**Alberta Paraplegic Foundation:** 403 228-3001 CPA provides rehab support and service coordination, community development and systemic changes, info services, peer program, aboriginal services [www.canparaplegic.org](http://www.canparaplegic.org)

**Boys & Girls Club Community Services - Aboriginal Programs and Services** (403) 520-1502 A variety of cultural, social, educational and recreational programs for urban Aboriginal children, youth and their families, elders involvement, anger managements programs for children and youth, parenting programs, volunteer opportunities, aboriginal youth leadership development and referral information [www.calgaryboysandgirlsclub.ca](http://www.calgaryboysandgirlsclub.ca)

**Calgary Bridge Foundation for Youth:** (403) 230-7745 Assists youth to overcome language and cultural barriers that restrict their access and contribution to society. Assists with information exchange, advocacy and support. Life Skills Programs, Homework Club, Homestudy Program, Jr High Literacy camp and Elementary Life skills Summer Program [www.calgarybridgefoundation.com](http://www.calgarybridgefoundation.com)

**Independent Living Resource Centre of Calgary ILRCC)** 403 263-6880 Programs include: information and resources, personal empowerment, peer support, crime violence and abuse prevention, volunteer programs [www.ilrcc.ab.ca](http://www.ilrcc.ab.ca)