

The Children's Link Society

Suite 245, 720 - 28th Street N.E Calgary, Alta. T2A 6R3
Phone:230-9158/ Fax:230-3252/ E-mail:child@nucleus.com
Website: www.childrenslink.ca

Agencies that run Social Skills Programs

The following is a listing of agencies that may offer social skill courses at various times during the year. As the times and duration of the programs change, please call for up to date information on up coming courses. (Please note that if a course is not offered through an agency, a request can be made for a social skills program. If they gather enough support for a course, they may be able to put one together.)

Private Options:

- ◆ **Diversified Leisure Services Inc., (403) 225 – 3735**
- ◆ **Dr. Pauline Kamps, (403) 217-5749**
Learn and practice social skills within a safe and small group setting while also playing and learning different sports and age-appropriate recreational activities. Approximately four children at a time grouped according to general age ranges.
- ◆ **New Heights Early Learning Services, (403) 240 – 1312**
Provides two learning videos “Playing with others” and “Dealing with Frustrations” for children ages 3- 10 years.
- ◆ **Ricketts and Associates, (403) 289-9385**
A program for children and teens.
- ◆ **SPOT GROUP: Karen Ingram-Johnson, 818-7714 (cell)
Shaffina Mohamed, 283-1977(office)** A program where children with similar needs in the areas of social skill development and sensory motor concerns develop interaction and play skills.
- ◆ **Renfrew Educational Services, (403) 291-5038** Social skills groups for children with Asperger’s Syndrome.
- ◆ **Autism Asperger’s Friendship Society (403) 608-5651. The AAFS** facilitates learning social skills and living skills through outings and leisure activities (ages 8-17). Email: aafs@shaw.ca

The Children's Link Society neither endorses nor recommends any programs, services, supports, therapies, treatments, etc. but provides impartial and, to the best of or knowledge, factual information for families of children with special needs and service providers in the Calgary Rocky View Region.

Little Autism Aspergers Friendship Society (LAAFS) provides the same service for children ages 5-10 Email: laafs@shaw.ca

- ◆ **Children's Circle, The Social Butterfly Groups, (403) 286-8993**
- ◆ **Citta Psychological Services & Amethyst Psychological Services (403) 264-6886 ext. 4** Connecting the Dots(ages8-12)
Roadmaps(ages13-15)
- ◆ **Vera Kokorudz, (403) 547-9103 email: kokorudz@direct.ca**
- ◆ **Rocky Mountain Psychological Services: One to One (403) 245-5981**

Low Cost/Sliding Scale Options:

- ◆ **YMCA Sheriff King, (403) 294 – 3673**
- ◆ **Closer to Home/West Central CRC, (403) 543–0550/ 543-0555**
Ongoing programs.
- ◆ **Catholic Family Services, (403) 233 – 2360**
- ◆ **Boys and Girls Clubs, (403) 276 – 9981**
For children 6- 18 years.
- ◆ **Calgary Family Services, (403) 269 – 9888**
- ◆ **LDAA (Learning Disabilities Assoc.), (403) 283 – 6606**
Program for children age 8-12 with learning disabilities, ADHD and Aspergers Syndrome. It runs from October 15 to December 3rd at the Foothills Academy 745 37 St NW.
- ◆ **Calgary Counselling Center- Responsible Choices for Parents & Children, (403) 265-4980**
A program for particularly aggressive children.

No Cost Options:

- ◆ **Alberta Children's Hospital, (403) 943-7033 (must be involved in a clinic)**

Another possibility for coverage of programs dealing with social skills is extended health care plans. Please check with your insurance company to see if they will cover the cost of social skills programs under psychological therapies. Social skills programs may fall into the heading of psychological therapy, and agencies may be able to answer questions regarding claims to insurance companies that provide extended health care coverage.

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Another option some families consider, is having someone work in the home with their child, or assisting their child with social skills to take out into the community. An example of this would be to accompany a child to a social/recreational activity such as Brownies/Cubs, a swimming lesson or a less structured activity such as a movie or a visit to the Zoo. Please note that aides often are admitted free of charge to attractions such as the Zoo, Heritage Park, Calaway Park and the Science Centre. Please call ahead for details, but many offer a reduced rate or free admission for aides assisting a child with special needs. Visit our new website at www.childrenslink.ca for a listing of caregivers and aides. We also have a Respite/Home Care list as well as an In-home Support list, which gives you an idea of the resource options in Calgary. Community Aide support may be covered under your FSCD contract so you may want to discuss this option with your worker.

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